

September 2026

The Happy Bento

www.schoollunchhawaii.com

Due to occasional and unforeseen supply disruptions, this menu is subject to change without prior notice.

To see photos of what's for lunch, follow us on Instagram @thehappybento

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WOW: Orderly	1 Spaghetti w/ Meat Sauce, Seasonal Fruit, & Vegetable	2 Teri/Pineapple Meatballs & Rice, Seasonal Fruit, & Vegetable	3 Fish Fillet & Rice, Seasonal Fruit, & Vegetable	4 MCA GOLF TOURNAMENT No School
WOW: Kuleana 7 No School Labor Day	8 Chicken Tenders, Seasonal Fruit, & Vegetable	9 Beef Stew & Rice, Seasonal Fruit, & Vegetable	10 BBQ Pork Sandwich on Bun, Seasonal Fruit, & Vegetable	11 Creamy Hamburger Steak & Rice, Seasonal Fruit, & Vegetable
WOW: Obedient 14 Tuna Sandwich, Seasonal Fruit & Vegetable	15 Shoyu Chicken & Rice, Seasonal Fruit, & Vegetable	16 Kalua Pork Cabbage & Rice, Seasonal Fruit, & Vegetable	17 Mac & Cheese w/ Ham Chunks, Seasonal Fruit, & Vegetable	18 Tofu Lo Mein & Rice*, Seasonal Fruit & Vegetable
WOW: Prepared 21 Teriyaki Burger on Bun, Seasonal Fruit, & Vegetable	22 BBQ Meatballs & Rice, Seasonal Fruit, & Vegetable	23 Chili & Rice, Seasonal Fruit, & Vegetable	24 Parent Teacher Conferences No School	25 Parent Teacher Conferences No School
WOW: Purposeful 28 Fillet-O-Fish Sandwich, Seasonal Fruit & Vegetable	29 Teri Chicken Thighs & Rice, Seasonal Fruit, & Vegetable	30 Beef Stroganoff over Pasta, Seasonal Fruit, & Vegetable		

WG=Whole Grain / Macaroni & cheese made from scratch / Rice is WG / *Plant-Based Meal

NOTES: All meals are nutritionist-designed and chef-prepared with strict adherence to CACFP and NSLP guidelines. All meat and poultry are extra lean with fat trimmed. All produce is fresh, local and organic whenever possible. Sanitation protocols are strictly enforced. Contact (808) 847-2523 or deanna@thehappybento.com with any questions.

THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER.